

Adult Psychosocial Questionnaire
(Ages 18+)

Date: _____

In order to better serve you, we would like you to **FULLY** complete this questionnaire and return it to the front desk as soon as it is complete. Please ensure that no question is left blank. This information is kept strictly **confidential** as required by State and Federal guidelines.

Name: _____

Parent/Guardian Name: _____

Date of Birth: _____

Primary Care Physician: _____ Phone: _____

Why have you decided to come into treatment now? _____

What would you like to accomplish by coming today? _____

In Case of Emergency, Contact:

Name: _____ Relationship: _____

Address: _____

Home Phone: _____ Cell Phone: _____

Please indicate whether you are **experiencing** any of the following:

suicidal ideas/expression **homicidal ideas/expression** **physical violence**

none

Please explain: _____

Please indicate whether you have a **history** of any of the following:

suicidal ideas/expression **homicidal ideas/expression** **physical violence**

none

Please explain: _____

Employment Status:

employed employed/Student student unemployed

Employer: _____

Are you satisfied in your current job? Yes / No

Please explain: _____

What are your means of support?

self employed full time/part time work parents unemployment Retired

spouse other: _____

Education:

Please indicate your current standing:

did not graduate High School high School Diploma GED associates/bachelors degree doctorate

Did you have any behavioral or learning issues? Yes / No

If yes, please explain: _____

Residence Situation:

lives with parents lives with significant other lives with spouse lives alone
 other

Family Composition

Religion (Optional) Catholic Protestant Jewish Hindu Other: _____

How important are your Religious/Spiritual Beliefs:

very Important somewhat important not important

Would you like to talk to your therapist about your religious/spiritual beliefs? Yes / No

Race (Optional) Caucasian African-American Native American

Hispanic Asian-American Other: _____

Would you like to talk to your therapist about any racial/cultural issues? Yes / No

Behavioral Health Treatment History:

Have you ever seen a behavioral health care provider before? Yes / No

If yes inpatient or outpatient? _____

If yes for Inpatient, Name of Facility: _____

Address: _____

Length of Stay: Number of admissions: _____

If yes for Outpatient, Name of Facility: _____

Address: _____

Name of Therapist: _____ Phone# _____

What type of therapist were they? Psychiatrist Psychologist Social Worker

Other: _____

When did you see the therapist and for what reason: _____

Medication History:

What medications do you know you should not take? _____

What medications do you know you should not discontinue to use? _____

What herbal remedy are you currently taking? _____

Please list all medications you are **currently** on or have taken in the **last year** (prescription and over-the-counter): _____

Who has been prescribing the medications listed above?

Name: _____

Address: _____

Telephone: _____

Current General Health Status:

Please describe your current general health:

Excellent Very Good Good Fair Poor Very Poor

Are you feeling any physical pain at this time? Yes / No

If yes please explain: _____

Nutritional Screening:

Have you **gained weight** or **lost weight** in the last 30-60 days? Yes / No

If yes, how much and reason? _____

Do you have any diet or nutritional concerns? Yes / No

If yes, please explain: _____

Do you have any food or medication allergies? Yes / No

If yes, please list: _____

Substance Use:

Do you use Nicotine? Yes / No

If yes, () Cigarettes/Cigars/Pipe () Chewing tobacco

Amount per day:_____ How long have you used?_____

Any related health problems?_____

Do you use Alcohol? Yes / No

If yes, How often do you use?_____ How long have you used? _____

How much do you usually drink?_____

Any related health issues?_____

If any Recovery, Longest length of Sobriety:_____

Do you use any Illegal Drugs? Yes / No

If yes, what drug (s) do you use?_____

How often do you use?_____ How much do you use?_____

When was the last time you used? _____

Medical:

Do you feel like you need a physical exam? Yes / No

When was the last time you had a physical exam? _____

Have you suffered from any recent or childhood illnesses/disorders, operations, and/or hospitalizations (please include dates and ages)

If yes, please explain: _____

Head Injuries: () without loss of consciousness () with loss of consciousness

Please explain:_____

Convulsions: () without fever () with fever

Please explain:_____

Abuse:

Have you ever experienced any:

() Physical Abuse () Sexual Abuse

() Emotional Abuse () Abandonment/Neglect

If yes, by whom:_____

Length/Duration of abuse:_____

Was it reported to the authorities: Yes / No

Please explain:_____

Family Social History:

Name of your mother: _____ Age of mother:_____

Level of Education: _____

Name of your father: _____ Age of father: _____

Level of Education: _____

Biological parents are :()Married () Separated () Divorced () Other: _____

How would you describe your relationships with your family/siblings? :

() Excellent () Good () Fair () Poor

Please explain:_____

Family History:

Please indicate **any family history** of the following:

- Substance Abuse: If yes, indicate who: _____
- Mental Illness: If yes, indicate who: _____
- Suicide: If yes, indicate who: _____
- Autism: If yes, indicate who: _____
- Developmental Disability, if yes who: _____
- ADHD: if yes, who: _____

Social History:

Please indicate if you have any concerns regarding:

- Peer Relationships
- Marital/Significant other
- Social Support Networks
- Hobbies/Interest
- Relationships with your children
- Custody issues
- Sexual Issues

If any concerns please explain: _____

What do you think are your main strengths and abilities? _____

Legal History:

Are currently facing any pending charges or convictions? Yes / No

If yes, what for? _____

Have you ever been arrested or spent time in prison? Yes / No

Please explain? _____

Do you currently have a probation officer? Yes / No

Name of probation officer: _____ Phone Number: _____

Military History:

Were you ever in the following organizations?

Army Air force Coast Guard Marines Navy None

Duty Status: _____ Discharge Type: _____ Rank: _____

This certifies all of the information stated above is accurate and complete to the best of my abilities.

Signature of Patient/Parent/Guardian

Date

Signature of Mental Health Professional

Date

AGREEMENT FOR PSYCHIATRIC TREATMENT

Patient Name _____ Date of Birth _____
(please print clearly)

Address: _____

Home Phone#: _____ Cell Phone#: _____

The purpose of this agreement is to give you information about the medications you will be taking and to assure that you and your provider complies with all state and federal regulations concerning the prescribing of controlled substances. The provider's goal is for you to have the best quality of life possible given the reality of your clinical condition. The success of treatment depends on mutual trust and honesty in the provider/patient relationship and full agreement and understanding of the risks and benefits.

1. **You should use one** provider to prescribe and monitor your psychiatric medications.
2. You should use **one** pharmacy to obtain all prescriptions and adjunctive analgesics prescribed by your provider.
3. You should inform your provider of all medications you are taking, including herbal remedies, since medications can interact with over-the-counter medications and other prescribed medications.
4. You will be seen on a regular basis and given prescriptions for enough medication to last from appointment to appointment, plus usually two to three days extra. This extra medication is **not** to be used without the explicit permission of the prescribing provider unless an emergency requires your appointment to be deferred one or two days.
5. Prescriptions will be done only during an office visit or during regular office hours. **No** refills of any medications will be done during the evening or on weekends.
6. You must bring back all medications and adjunctive medications prescribed by your provider in the original bottles.
7. If your account is delinquent and payments are not made timely, treatment will be terminated.
8. **You are responsible for keeping your medication in a safe and secure place.** You are expected to protect your medications from loss or theft. Stolen medications should be reported to the police and to your physician immediately. If your medications are lost, misplaced or stolen, your physician may choose not to replace the medications.
9. I am authorizing my close family members to schedule appointments and inquire any accounting information on my behalf.

Medication:

1. I understand that the medication(s) being prescribed for treatment of symptoms of an emotional disorder. The use of the medication(s) at this time may benefit the conditions for which I/we seek treatment. I understand that there is no guarantee that this medication(s) will be beneficial.
2. I understand that arrangements will be made to monitor response to this medication(s) to assess its effectiveness, and it will be discontinued if it is no longer found to be necessary or effective. It will be prescribed in the dose, which is thought to be effective.
3. I understand that all medication(s) may produce side effects, and some side effects may be serious and permanent. I have received instructions regarding this medication(s) and its common and serious side effects. I understand the importance of reporting side effects and unusual reactions to provider.
4. I understand the use of this medication(s) and was given the opportunity to ask questions pertaining to the medication(s).
5. I have told the provider my medical conditions, current medications and history of reactions to medications to the best of my knowledge.
6. I understand the importance of taking this medication(s) per provider's instructions.
7. I consent voluntarily to the prescription of this medication(s) and understand that I may withdraw this consent without prejudice to further treatment.
8. The provider has discussed alternative treatment options (including no treatment).

I agree with above: _____
Signature (patient/Guardian)

Date

Patient Name _____ Date of Birth _____
(please print clearly)

**Psychiatrist Communication Form
Primary Care Physician
Mental Healthcare Professional**

Consent to Exchange Information

I, _____, authorize THE PSYCHIATRY & PSYCHOLOGY CENTER
and _____
(Primary Care Physician Name, Address & Phone Number)
and _____
(Mental Healthcare Professional Name, Address & Phone Number)

to exchange information regarding my mental health/substance abuse treatment and medical healthcare for coordination of care purposes as may be necessary for the administration and provision of my healthcare coverage. The information exchanged may include information on mental health care or substance abuse care and/or treatment such as diagnosis and treatment plan. I understand that this authorization shall remain in effect for one year from the date of my signature below or for the course of this treatment, whichever is longer. I understand that I may revoke this authorization at any time by written notice to the above behavioral healthcare provider. I also understand that it is my responsibility to notify my behavioral healthcare provider if I choose to change my Primary Care Physician.

Signature (parent or guardian if patient is a minor) _____ Date _____

Signature (Provider) _____ Date _____

**Robert Garcia, MD
Child, Adolescent &
Adult Psychiatrist**

**Robert Zoltowski, DO
Adult Psychiatrist**

**Seemin Qureshi PA-C
Physician Assistant**

**Rany Toma PA-C
Physician Assistant**

Patient Information

DSM IV Diagnosis and Code: _____

Recommended Treatment:

A COPY OF THIS FORM MUST BE SENT TO THE PRIMARY CARE PHYSICIAN, RETAINING THE ORIGINAL IN THE PATIENT'S CHART. IF THE FORM IS SENT BY FAX, ATTACH CONFIRMATION THAT FAX WAS SENT.

DATE SENT RECEIVED BY (PCP OFFICE STAFF PLEASE INITIAL) _____
Please Check Method
Fax Mail

**GENERAL CONSENT FOR TREATMENT
(HIPPA)**

I, the undersigned,

1. Voluntarily consent to treatment as recommended and fully explained to me by staff of The PSYCHIATRY & PSYCHOLOGY Center and understand that I am free to withdraw my consent and discontinue treatment at any time.
2. Understand that I have rights as a recipient of counseling services, that I have received a description of my rights, and that I may receive additional information about my rights from the Recipient Rights Advisor identified to me.
3. Understand that the confidentiality of records maintained by The PSYCHIATRY & PSYCHOLOGY Center is protected by 42 CRF Part 2 Federal Regulation. Program staff may not disclose any identifying information to outside sources regarding a client's treatment unless the client gives consent. Program staff may release client information without client consent under the following specific conditions:
 - Client threatens to harm self or others;
 - Suspicion of child abuse or neglect;
 - Medical personnel, to meet a bona fide medical emergency when there is immediate threat;
 - Research activities and program evaluation. Personnel may not identify directly or indirectly any individual patient in any report or otherwise disclose patient identities in any manner.
 - Management and financial audits. Examiner must furnish to the program a written statement that no record will be made of patient identifying information unless notice is provided to the program, and, if necessary, setting forth the specific purpose for which identifying information is being retained, how it is to be retained and the contact person; or
 - Authorized by court order under Sub Part E – Section 2.61 of 42 CFR Part 2.

Violation of the Federal regulation is a crime. Suspected violations may be reports to appropriate authorities in accordance with Federal regulations. Federal regulations do not protect any information about a crime committed by a client either at the program or against any person who works for the program or about any threat to commit such a crime.

4. Acknowledge that any violent or hostile behavior will result in discharge. I understand that possession of a weapon on clinic property is prohibited. I understand that I will be refused a therapy appointment on any day that I come to my appointment intoxicated. I understand and have been advised of additional program policies regarding conditions under which I may be discharged. I further understand that I have the right to appeal this action to the clinical manager within 15 days from which it occurs.
5. Understand I am to follow through to the best of my ability in developing and achieving treatment goals/objectives, as agreed upon by my therapist and myself. I understand that if I fail to follow through on significant parts of my treatment plan, possibly resulting in harm to myself or others, my therapist may choose to refer me to a more appropriate treatment setting.

6. PAYMENT FOR SERVICES AGREEMENT

I understand that I have disclosed all information regarding my health insurance. I further acknowledge the insurance information to be accurate and complete. I accept the responsibility for my fees, co-pays, deductibles, charges in insurance, and for all services rendered to me. I authorize The PSYCHIATRY & PSYCHOLOGY Center to submit billing statements to my insurance carrier(s) for the purpose of receiving reimbursement for services until payment is received for all services provided to me. I further understand that I am responsible for the cost of my treatment, and that I will be billed directly if insurance claims are rejected or denied. Finally, I understand that established appointments are reserved for me, and that I may be subject to the usual and customary charge for late arrival, all appointments missed or canceled without 24 hour notice. (EXCEPTION – UNDER CMS GUIDELINES MEDICAID RECIPIENTS CANNOT BE CHARGED ANY FEES). BY SIGNING THIS FORM I ACKNOWLEDGE THAT I HAVE HAD THE OPPORTUNITY TO READ THIS FORM (OR HAVE IT READ TO ME), ASK QUESTIONS AND HAVE THESE QUESTIONS ANSWERED. ACKNOWLEDGE OF PRIVACY PRACTICES The PSYCHIATRY & PSYCHOLOGY Center Notice of Privacy Practices provides information about how protected health information About me (the patient) – including information about human immunodeficiency virus (HIV), AIDS-related complex (ARC); and acquired immunodeficiency syndrome (AIDS); and including substance abuse treatment records protected under the regulations in 42 Code of Federal Regulations, part 2, if any, and psychological and social services records, including communications made by me to a social worker or psychologist (if any) – may be used and disclosed. I have been offered an opportunity to review the Notice before signing this consent. I understand that the terms of the Notice that I may change and that I may obtain a revised copy by contacting the privacy officer listed in the Notice. I understand that I have the right to request restrictions on how my protected health information is used or disclosed for treatment, payment or health care operations. My physicians and the facility are not required to agree to this restriction, but if they agree, they will be bound by the agreement. By signing this form, I acknowledge that I have been offered and/or received the PSYCHIATRY & PSYCHOLOGY Center Health Notice of Privacy practices.

WITH MY SIGNATURE I ACKNOWLEDGE THAT I HAVE READ, UNDERSTAND AND AGREE TO THE ABOVE STATEMENTS NUMBERED 1 THROUGH 6, AND THE GENERAL RELEASE OF INFORMATION.

Client (Parent/Guardian) Signature

Date

MEDICATION HISTORY

Have you ever been treated for mental health related concerns: **Yes** **No**

If yes, please indicate if you are currently taking or have previously taken any of the medications listed below:

Antidepressants				<i>If past, please explain why it was stopped</i>
Anafranil (clomipramine)		current	past	
Brintellix (vortioxetine)		current	past	
Celexa (citalopram)		current	past	
Cymbalta (duloxetine)		current	past	
Desyrel (trazodone)		current	past	
Effexor (venlafaxine)		current	past	
Elavil (amitriptyline)		current	past	
Emsam (selegiline)		current	past	
Fetzima (levomilnacipran)		current	past	
Lexapro (escitalopram)		current	past	
Luvox (fluvoxamine)		current	past	
Norpramin (desipramine)		current	past	
Pamelor (nortriptyline)		current	past	
Paxil (paroxetine)		current	past	
Pristiq (desvenlafaxine)		current	past	
Prozac (fluoxetine)		current	past	
Remeron (mirtazapine)		current	past	
Sinequan (doxepin)		current	past	
Tofranil (imipramine)		current	past	
Vilbryd (vilazodone)		current	past	
Wellbutrin (bupropion)		current	past	
Zoloft (sertraline)		current	past	
Mood Stabilizers				
Depakote (valproic acid)		current	past	
Eskalith (lithium)		current	past	
Lamictal (lamotrigine)		current	past	
Neurontin (gabapentin)		current	past	
Tegretol (carbamazepine)		current	past	
Topamax (topiramate)		current	past	
Trileptal (oxcarbazepine)		current	past	
Antipsychotics				
Abilify (aripiprazole)		current	past	
Clozaril (clozapine)		current	past	
Fanapt (iloperidone)		current	past	
Geodon (ziprasidone)		current	past	
Haldol (haloperidol)		current	past	
Invega (paliperidone)		current	past	
Latuda (lurasidone)		current	past	
Mellaril (thioridazine)		current	past	
Navane (thiothixene)		current	past	
Prolixin (fluphenazine)		current	past	
Rexulti (brexpiprazole)		current	past	
Risperdal (risperidone)		current	past	
Saphris (asenapine)		current	past	
Seroquel (quetiapine)		current	past	
Thorazine (chlorpromazine)		current	past	

<i>Trilafon (perphenazine)</i>		current		past
<i>Zyprexa (olanzapine)</i>		current		past
Anxiolytics/Hypnotics				<i>If past, please explain why it was stopped</i>
<i>Ambien (zolpidem)</i>		current		past
<i>Ativan (lorazepam)</i>		current		past
<i>Buspar (buspirone)</i>		current		past
<i>Inderal (propranolol)</i>		current		past
<i>Klonopin (clonazepam)</i>		current		past
<i>Librium (chlordiazepoxide)</i>		current		past
<i>Lunesta (eszopiclone)</i>		current		past
<i>Restoril (temazepam)</i>		current		past
<i>Serax (oxazepam)</i>		current		past
<i>Tranxene (clorazepate)</i>		current		past
<i>Valium (diazepam)</i>		current		past
<i>Xanax (alprazolam)</i>		current		past

Do you think your current medications are effective: Yes No

If no, please

explain: _____

Based on your responses above, would you be interested in learning about a genetic test that can help your healthcare provider select the medications and doses that are best suited to your condition and genetic makeup. Medications that align well with your genes may work better with fewer side effects. The test is a simple cheek swab that takes no more than 10 seconds and can be completed in this office.

Yes No

THE PSYCHIATRY AND PSYCHOLOGY CENTER

650 GRISWOLD ST, NORTHVILLE, MI 48167
PHONE (248) 912-0080
FAX (248) 912-0208
EMAIL: REFILL@NOVIPSYCH.COM

CREDIT CARD CONSENT

I authorize The Psychiatry and Psychology Center to charge the portion of my bill that is my financial responsibility to the following credit or debit card:

Visa MasterCard Discover

Credit Card Number _____

Expiration Date ____ / ____ **CVV/CVC** _____

Cardholder Name _____

Billing Address _____

City _____ **State** _____ **Zip** _____

I (we), the undersigned, authorize The Psychiatry and Psychology Center to charge my credit card, indicated above, for balances due for services rendered that my insurance company identifies as my financial responsibility.

This authorization relates to all payments not covered by my insurance company for services provided to me by The Psychiatry and Psychology Center

This authorization will remain in effect until I (we) cancel this authorization.

OR

I (we), the undersigned, authorize The Psychiatry and Psychology Center to charge my credit card, indicated above, for a one-time transaction of: \$ _____

Card Holder Name (Print):

Relationship to Patient:

Card Holder Signature:

Patient Name:

Date:

____ / ____ / ____